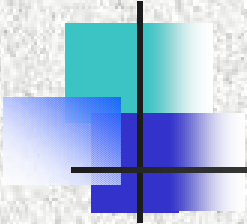


Catawba County Health Department

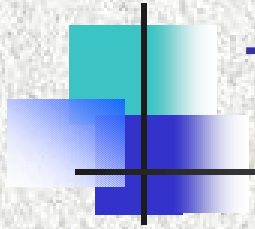
"Leadership in Building YOU a Healthier Tomorrow"



TOTALLY TEENS HEALTH CENTER

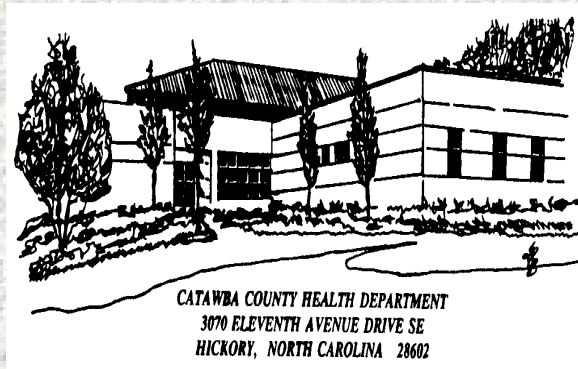
Leadership in Building 'TEENS' a Healthier tomorrow



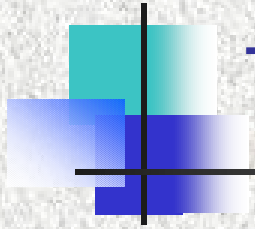


Totally Teens Health Center

A Health Center exists in Catawba County that specifically addresses the needs of today's teens.



TOTALLY TEENS
HEALTH CENTER
Leadership in Building "TEENS" a Healthier tomorrow

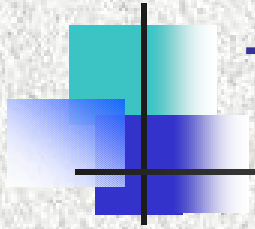


Totally Teens Health Center

Located at the Catawba County Public Health Department behind Catawba Valley Medical Center.

The **ONLY** clinic in Catawba County and the surrounding area that serves just teens and their friends.

TOTALLY TEENS HEALTH CENTER
Leadership in Building "TEENS" a Healthier tomorrow



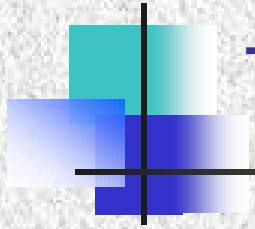
Totally Teens Health Center

Partnerships-

- ▶ Catawba Pediatric Associates (CPA)
- ▶ Catawba County Schools
- ▶ Newton Conover City Schools
- ▶ Hickory City Schools
- ▶ And other community agencies



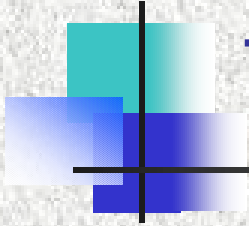
TOTALLY TEENS
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Totally Teens Health Center

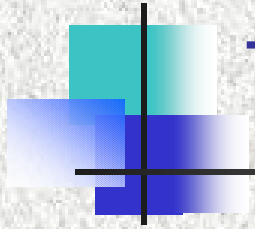
- *Serving teenagers ages 13 to 21*
- *"Teen friendly"*
- *Addressing current teen issues*





Totally Teens Health Center

- Parental consent required before being seen at the health center
- Consent form available on-line and can be accessed at:
www.catawbacountync.gov/totally/totally.htm
- Parents are welcome and encouraged to accompany their adolescent to any visit.

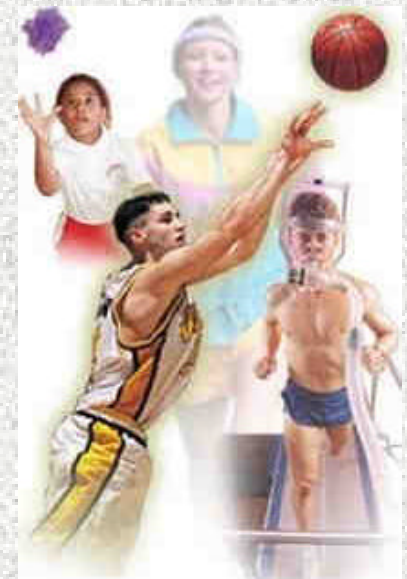


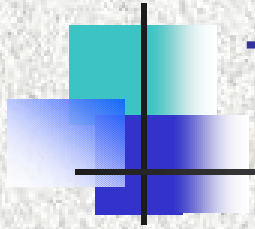
Totally Teens Health Center



Health Services Provided to Adolescents include:

- well physicals
- sports and job physicals
- college physicals
- sick and injury care
- immunizations
- health information



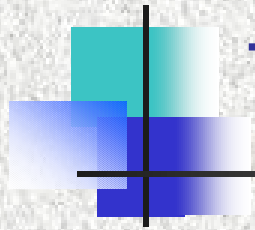


Totally Teens Health Center

Provides counseling about getting along with friends, handling loss and depression, managing stress and controlling weight.



**TOTALLY TEENS
HEALTH CENTER**
Leadership in Building "TEENS" a Healthier tomorrow

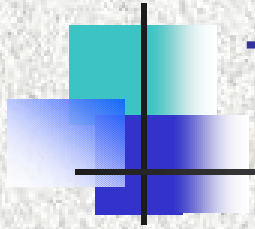


Totally Teens Health Center

A Registered Dietician guides teens in weight concern issues and eating disorders such as anorexia and bulimia.

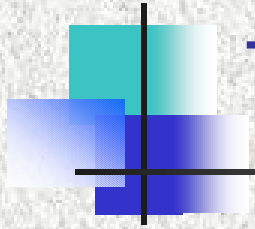


TOTALLY TEENS
HEALTH CENTER
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Totally Teens Health Center

- *Appointments can be made with the Totally Teens Health Center staff as well as staff at Catawba Pediatric Associates.*
- *For all appointments call (828) 695-5151.*
- *Appointments are generally available within a day or two.*



Totally Teens Health Center

- So, come in and experience Catawba County's best-kept secret...
- Bring a friend and come by to check us out
- Parents come by or give us a call
- Located at the Catawba County Public Health Department, (behind Catawba Valley Medical Center)..."Providing Leadership in Building TEENS a Healthier Tomorrow."